

WBC Rowing Risk Assessment: COVID-19							
Name of Venue / Coaching Business:		Name of Risk Assessor:		Date of Risk Assessment:			
Warwick Boat Club		Tanya Podinovskaia		28/03/2021 (latest changes in red)			
What are the hazards?	Who might be harmed	Controls Required	Additional Controls	Action by who?	Action by when?	Done	
Spread of Covid-19 Coronavirus	Staff, coaches, rowing members, guests, and contractors doing maintenance work Vulnerable groups – Elderly, Pregnant women, those with existing underlying health conditions Anyone else who physically comes in contact with other people in relation to WBC business	<p>Communication about training requirements As a pre-requisite for re-opening the Club on a limited basis, the Club will communicate the basis for a limited return to rowing, in advance to its members. Regular reminders & updates issued to members to inform of any rule changes</p>	Opt-in form for all members to resume any rowing activities	Committee or Water Safety Advisors, to all members	Before change in restrictions		
		<p>Hand sanitisation Hand washing before and after visiting the club. Hand gel sanitisers to be provided by the club at key points around the boathouse to be used regularly, and following any contact with doors, boats or other surfaces. See hand washing guidance. https://www.gov.uk/government/news/public-information-campaign-focuses-on-handwashing</p>		All	Before and after training session, regularly whilst at club		
			<p>Catch it, Bin it, Kill it Staff, coaches, playing members and contractors are reminded to catch coughs and sneezes in tissues – Follow Catch it, Bin it, Kill it Avoid touching face, eyes, nose or mouth with unclean hands. Tissues should be brought by anyone visiting the club. To help reduce the spread of coronavirus (COVID-19) members are reminded of the public health advice - https://www.publichealth.hscni.net/news/covid-19-coronavirus</p>		All	Whilst at club	
		<p>Restricted access to clubhouse and restriction of sports activities This measure is to eliminate the risk of transmission by contact.</p>	Travel advice to be followed as set by the government and British Rowing, taking any local restrictions into account.	General Committee Rowing Committee	In line with British Rowing and government guidance		
		<p>Cleaning Members should clean and disinfect any equipment used, including boats, blades and coxing equipment, thoroughly before and after outings or when competing at events.</p>		All members	Before and after outings or when racing		
		<p>Minimising contact between members/crews Crew rowing should be in consistent crews (including the cox). Coxes to be allocated a headset microphone and a visor each to take home. Crew members to carry their own blades to the water. Crews advised to travel in separate vehicles when competing or training away from Warwick</p>		Rowing Captains All members	During training When boating when traveling to competitions or training off site		
		<p>Track & Trace Members to book sessions for themselves only and to record any crew members on their booking via Clubspark. This means that should a club member test positive for Covid-19, any affected individuals can be quickly identified and contacted. Members to scan NHS QR code displayed on the boathouse door when they first arrive</p>		All members	Before coming to the club for training on arrival at the boathouse		
	<p>Social Distancing To ensure social distancing members may only go out in crew boats with up to a maximum of 5 members on board (i.e. coxed fours). Coxes must wear face covering and face visor (or face covering and goggles). The maximum number of people per session is 12. Groups are restricted to 12 people max. This includes coxes and any coaches in the boating area. River slots will be reduced to a maximum of six to prevent members congregating around boatshed area and to keep session numbers below 12. and group numbers will be limited to 12. When in boats, crews to row full crew at all times, to maintain distance between each other, avoid turning round or shouting. Where 2m distancing becomes difficult (e.g. when carrying boats), crew members advised to wear face covering and to bring a plastic bag to put it in when in the boat. Coaches advised to carry a spare face mask with them for the 'patient' in case a rescue is required. Use of the coaching launch is allowed with committee's permission, and must be cleaned before and after use. PPE/face covering must be worn if more than 1 person on board (e.g. if used as a Safety Launch). Rowing machines must be at least 2m apart and all boathouse doors fully open when in use.</p>		All members	At all times			